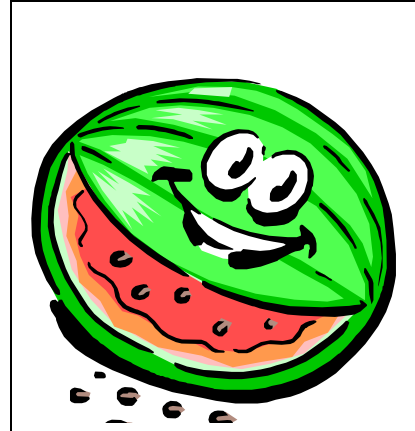


# The Enormous Watermelon

Plant a seed

## Vocabulary Words to Emphasize

plant  
soil  
cream  
sweet  
seed  
grow



## Ingredients

cones  
cool whip  
m&ms/marshmallow  
Crushed oreo

## Build the Snack

1. Put a large spoonful of cool whip into a cone
2. Top with a spoonful of crushed oreo
3. Plant the m&m(seed) in the dirt(oreo)
4. Eat and enjoy.

## Oral Motor Activities

Complete assembling the snack before initiating the oral motor activities. Take the opportunity to discuss crunchy and creamy and how these sensations can feel on your tongue. Also talk about the sides of the tongue and locate them with a mirror.

1. Lick some of the cream from the cone. Encourages whole-tongue elevation. Push an m&m or marshmallow up to the top of the mouth just behind the two front teeth. This encourages firm, vertical tongue-palate pressure; enhances tongue-jaw movement differentiation {tongue tip in front.}

2. Take small bites of the cone and chew with lips closed. Focus on good rotary jaw chewing movements, and lateral tongue movements to move the food between the cutting edges of the teeth. (Eliminates food packing; Encourages lateral “inside” tongue movement, and inter-oral suctioning when lips are closed; Emphasizes good rotary jaw movement while chewing to avoid just munching or sucking.)